



OCTOBER—Forgiveness and Release

Who said “I never blame myself for where I used to be. I was barely there at the time.”? And yet we do. Pray Rev. Alla Bozarth’s prayer of blessing and release, daily. “I bless you. I bless me. I forgive you. I forgive me. I release you. I release me.”

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Check the box when you have worked on forgiveness this day . . .

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